

IAR-DST LEVEL OF CARE

Fixus data entry guide

Purpose

The Initial Assessment and Decision Support Tool (IAR-DST) provides a standardised, evidence-based and objective approach to assist with mental health care recommendations.

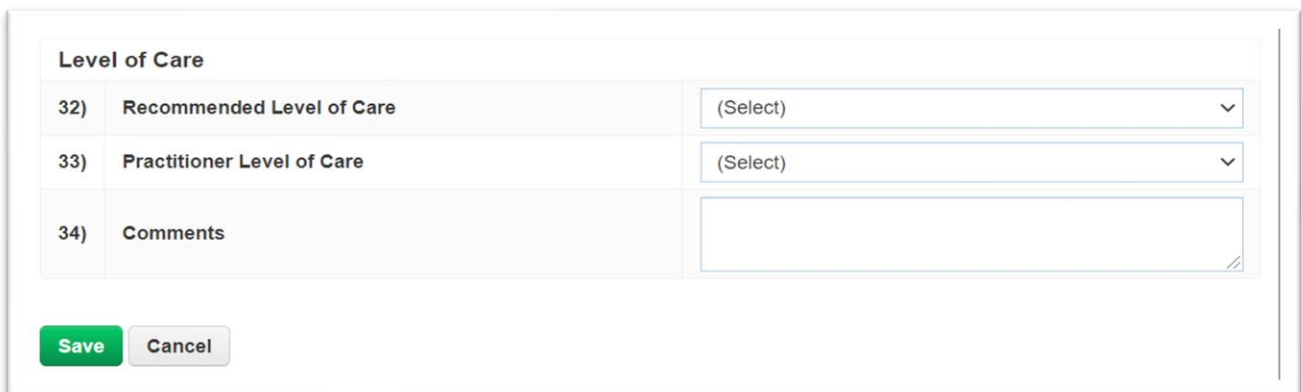
The **IAR** is a **tool** to assist general practitioners and clinicians to recommend the most appropriate level of care for a person seeking mental health support.

Scope

This data entry guide is to inform providers and organisations of Murray PHN mental health funded services, specifically Head to Health, on the correct entry of IAR-DST final scores in Fixus.

1.0 Level of Care

There are two level of care scores that are required by the Primary Mental Health Care Minimum Data Set (PMHC MDS) for successful upload to the portal. The scores are selected from the drop-down menus in Fixus.



| Level of Care | |
|---------------|--|
| 32) | Recommended Level of Care <input type="text" value="(Select)"/> |
| 33) | Practitioner Level of Care <input type="text" value="(Select)"/> |
| 34) | Comments <input type="text"/> |

2.0 Question 32 – Recommended Level of Care

The information gathered through the IAR-DST is used to assign a recommended level of care and inform a referral decision.

The *Recommended Level of Care* will be calculated when all domains have been rated in the online IAR-DST. (<https://iar-dst.online/#/>). This calculation must be copied into the Fixus instance of the IAR-DST Assessment, along with the results from the primary domains and contextual domains.

It is important that the results copied into the Fixus instance of the IAR-DST Assessment match the IAR-DST online form exactly to reduce the risk of an error occurring during upload to the PMHC MDS.

| IAR-DST online score | Fixus and PMHC MDS equivalent score |
|----------------------|--|
| 1 | Level 1 - Self management |
| 1+ | Level 1 or above - Review assessment on Contextual Domains to determine most appropriate placement |
| 2 | Level 2 - Low intensity services |
| 2+ | Level 2 or above - Review assessment on Contextual Domains to determine most appropriate placement |
| 3 | Level 3 - Moderate intensity services |
| 3+ | Level 3 or above - Review assessment on Contextual Domains to determine most appropriate placement |
| 4 | Level 4 - High intensity services |
| 4+ | Level 4 or above - Review assessment on Contextual Domains to determine most appropriate placement |
| 5 | Level 5 - Acute and specialist community mental health services |

3.0 Question 33 – Practitioner Level of Care

The *Practitioner Level of Care* is the individualised level of care assessed by the practitioner and must also be completed in the Fixus instance of the IAR-DST Assessment.

| | |
|---|---|
| 1 | Level 1 - Self Management |
| 2 | Level 2 - Low Intensity Services |
| 3 | Level 3 - Moderate Intensity Services |
| 4 | Level 4 - High Intensity Services |
| 5 | Level 5 - Acute and Specialist Community Mental Health Services |

Conclusion

All providers of Head to Health funded services are required to complete an assessment using the IAR-DST tool and enter the results in Fixus.

<https://iar-dst.online/#/>

Contact details

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