

# HEALTHPATHWAYS OVERVIEW

Murray HealthPathways is an online resource that guides the assessment and management of common medical conditions, including when and where to refer patients, with resources for both professionals and their patients. It is available free to GPs, medical specialists, nurses, residential aged care home staff, pharmacists, allied health and other professionals for use within their scope of practice in the Murray PHN region.

## What is the aim of HealthPathways?

HealthPathways aims to reduce unwarranted variations of care, particularly for complex or chronic conditions and improve the quality and timeliness of referral processes and care coordination.

## What are the benefits for aged care staff?

- Access up-to-date and relevant resources to maintain older person's health and wellbeing.
- Be supported in providing care that is safe and meeting the needs of diverse communities.
- Find evidence-based tools and guidelines in a central location.
- Facilitate timely referrals to local health services with information on how and who to refer to in the local area.

## What types of pathways are there?

There are more than 800 localised pathways available, with topics that include:

- Palliative care
- Advance care planning
- Delirium and dementia
- Geriatric medicine referrals
- Older person's mental health
- COVID-19 assessment and management
- Wound care.

## How are HealthPathways developed and updated?

HealthPathways content is developed collaboratively by GPs, hospital clinicians and a wide range of other health professionals. Pathways are reviewed every 12-36 months to ensure information stays up-to-date with the latest evidence-based information.

## How can I access HealthPathways?

All public and private health professionals working within the Murray PHN catchment can receive free access to the Murray HealthPathways website. All that is required is an internet connection, computer or mobile device and login details.

To request access visit: <https://www.murrayphn.org.au/information-and-resources-for-health-professionals/pathways/> and click on the 'request access' button.

## For more information or support

Contact our team at: [infohealthpathways@murrayphn.org.au](mailto:infohealthpathways@murrayphn.org.au)