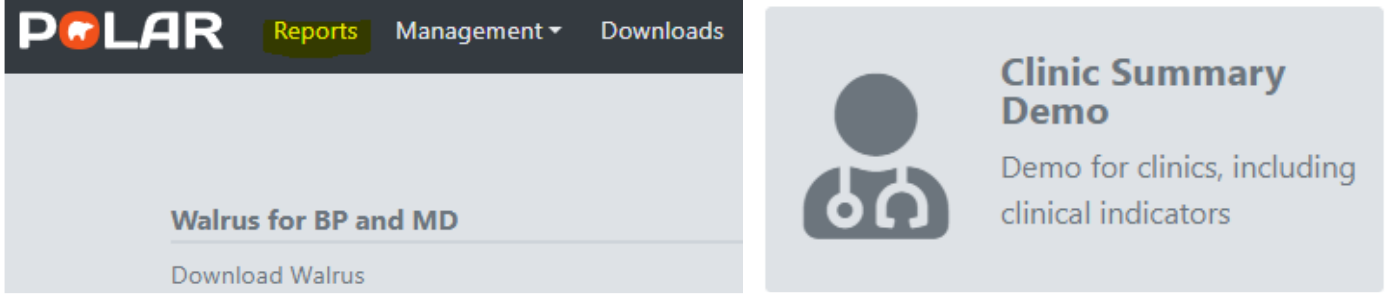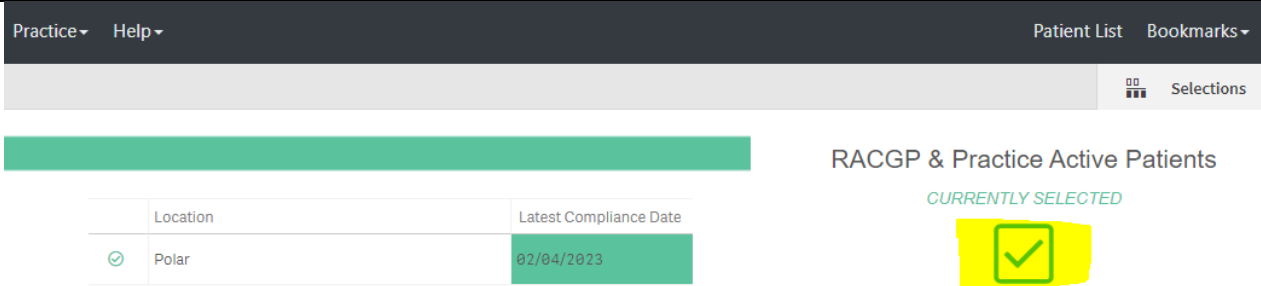# POLAR WALKTHROUGH

View patients aged 75 and over with existing chronic conditions

This activity guides practices to identify patients based on the number of chronic co-morbidities they have.

Instructions	Screen Shot
Login to POLAR, and navigate to 'Reports', selecting the 'Clinic Summary'	
Select RACGP & Practice Active Patients.	

In the filters menu, select patient.

Select Age Band, and the 75-79, 80-84, and 85+ age bands.

FILTERS

Patient ▶

Activity ▶

Provider ▶

Diagnosis ▶

Medications ▶

Pathology ▶

Radiology ▶

Immunisation ▶

··· 🔾 ✕ ✔

🔍 Search in listbox
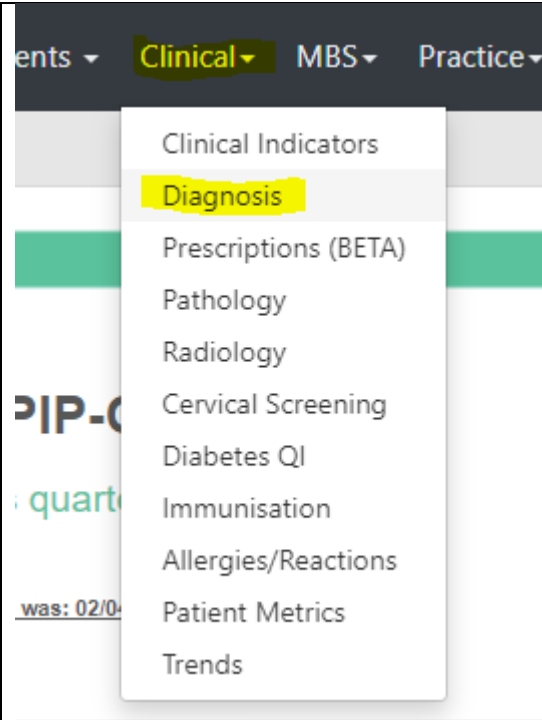
60-64

65-69

70-74

75-79 ✔

80-84 ✔

85+ ✔

Not Specified

Age Band

Gender

| Navigate to clinical > diagnosis | | |

Using the Diagnosis Grouping section (Diagnosis Grouping) there are a few ways of selecting diagnoses.

The first option is to use diagnosis grouping (DIAGNOSIS GROUPING (click here to search)). Click on diagnosis grouping and search diagnosis categories such as:

- Diabetes
- Respiratory
- Cardiovascular
- Musculoskeletal
- Mental Health

When you find each diagnosis, click on it to select. It will then turn green.

Click the green tick in the top right hand corner.
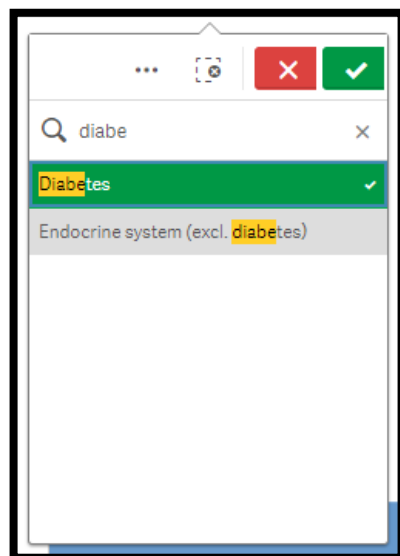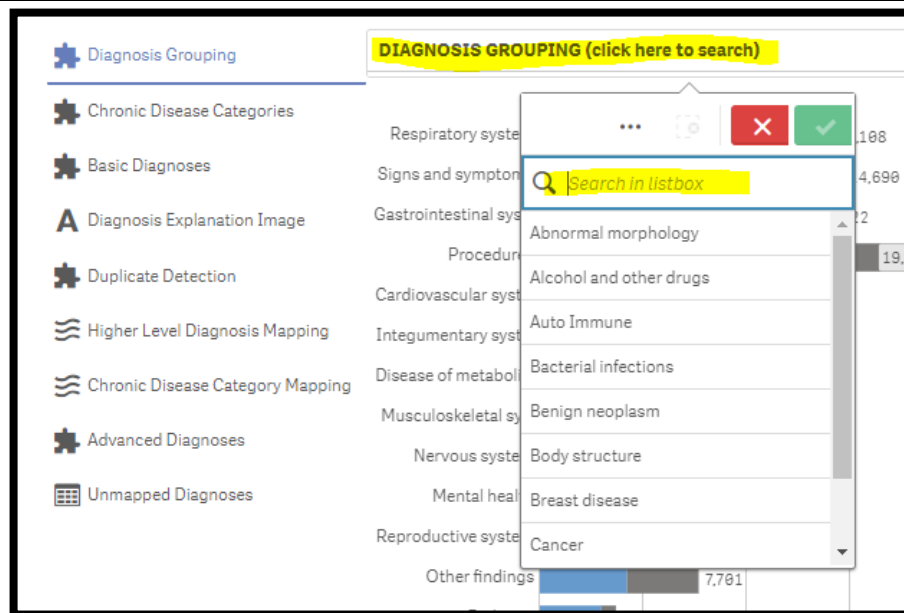
The other option is to use SNOMED* diagnosis. Click on SNOMED diagnosis and search specific diagnoses such as

- Diabetes mellitus type 2
- COPD
- Ischaemic heart disease
- Arthritis
- Depression

*SNOMED is a clinical terminology. It standardises clinical phrases entered into electronic health records.

SNOMED DIAGNOSIS (click here to search)

Hypertensive disor
Hypercholesterolae
Osteoporos
Osteoarthrit
Gastroesophageal r
Diabetes mellitus ty
Hyperlipidaem
Urinary tract infecti
Atrial fibrillatic
Ischaemic heart dis
Depressic
Insomnia

2,985

461

Search in listbox

24 hour blood pressure
24 hr blood pressure monitoring
Abdominal aortic aneurysm
Abdominal bloating
Abdominal bruit
Abdominal colic
Abdominal discomfort
Abdominal distension

diab

At risk of diabetes mellitus
Diabetes (cycle of care) monitoring
Diabetes insipidus
Diabetes mellitus screening
Diabetes mellitus type 1
Diabetes mellitus type 2 ✓
Diabetes mellitus(unknown type)
Diabetes Related Disorder

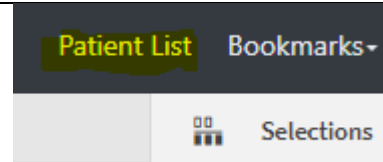|	
In the filters menu, select diagnosis. Select active diagnosis. This means we will only be looking at current diagnoses, not diagnoses that are now inactive.	**FILTERS** Patient ▶ Activity ▶ Provider ▶ Diagnosis ▶ Medications ▶ Pathology ▶ Radiology ▶ Immunisation ▶ ⋯ ⊡ ✕ ✓ 🔍 Search in listbox **Active** ✓ Inactive **Diagnosis Active** **Patient Active Diagnosis Count** 📅 Select date range ▼
You can view the number of patients who fit within these filters by looking at the Patient Count on the top left corner.	Double click to view list **Patient Count** 4⁴ Active (Excluded Patients: 0) **Excluded patients** are those defined by the the **Exclusion filters**. These patients are excluded from the patient count. This functionality is available on the **Clinical Indicators** page.
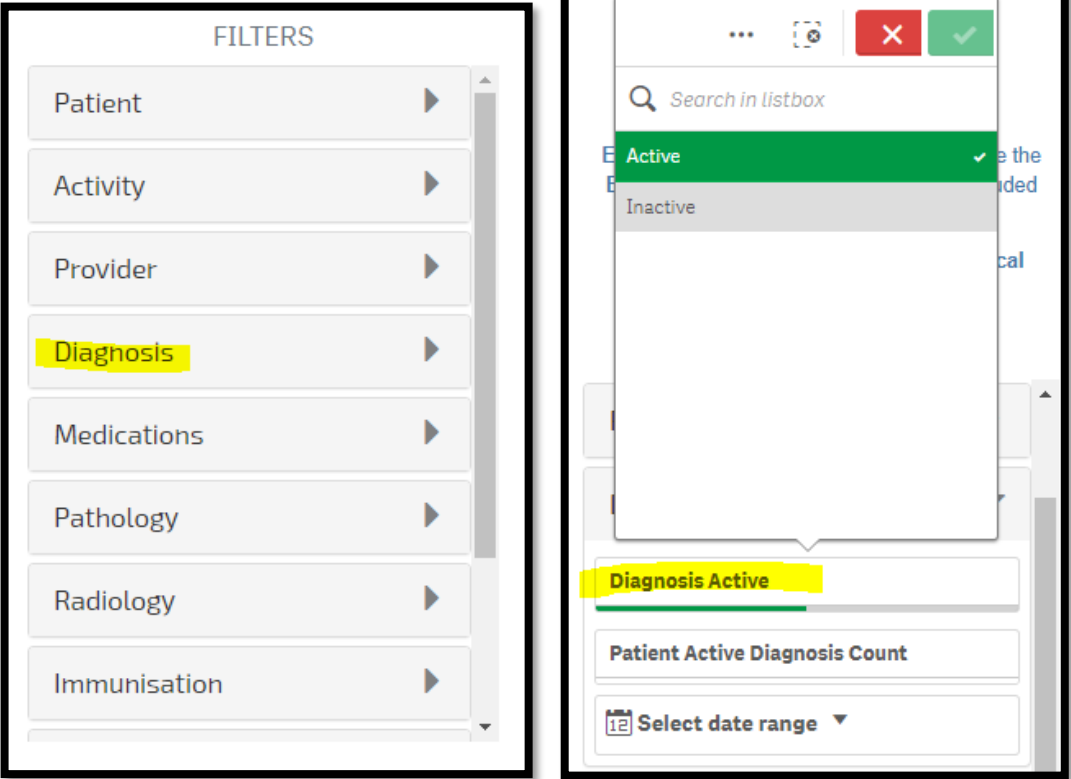
You can generate a Patient List by clicking 'Patient List' in the top right hand corner.	**Patient List** Bookmarks▾ ▦ Selections
You could save these filters as a Bookmark, to be able to quickly apply the same filters – click 'Bookmarks' and select 'Create Bookmark from Current Selections' – name your bookmark for future use.	Patient List Bookmarks▾ 15-29 yr olds with CH TEST IN LAST 12 MONTHS Right Care = Better Health Patients 3 Our GPs Only OsteoArthritus and BMI 25 or over Pensioners with Hypertension POLAR - Identify Patients that Require Breast Screening POLAR - Identify Eligible ATSI Health Assessment Patients POLAR - Identify Missing ATSI Status Record POLAR - Health Assessments Over 75s POLAR - Medication Management Reviews POLAR - Patients (15+) currently/previously on a NRT with no smoking status recorded POLAR - Identify Patients that Require Bowel Cancer Screening POLAR - HbA1c Greater >7 POLAR - Data Quality - smoking status 15-29 yr olds with CH TEST IN LAST 6 MONTHS Create Bookmark from Current Selections Edit Bookmarks