

Dr Arup Bhattacharya and the Goulburn Valley Movement Disorder Service presents

# SHEPPARTON PARKINSON'S CONFERENCE

## TUESDAY 9 DECEMBER 2025

GV Hotel, 223 High Street, Shepparton, VIC, 3630

### *Parkinson's Disease - 'A Holistic Overview'*

On behalf of Goulburn Valley Health and generously supported by the Darnley Montgomery Foundation Inc.

#### EARLY MORNING SESSIONS:

- 7.30 - 8.00am: Registration  
8.00 - 8.10am: Acknowledgement of Country  
*Dr Arup Bhattacharya*  
8.10 - 8.40am: 'Exercise is more than medicine for PD; it's a lifestyle'  
*'Prof David Blacker, Senior Research Advisor, Perron Institute and Honorary Medical Director, Parkinson's WA*  
8.40 - 8.45am: Questions  
8.45 - 9.15am: 'Treatment of Parkinson's Disease – a brief run-through'  
*A/Prof Thomas Kimber, Neurologist – RAH, Head of Movement Disorders Service, Central Adelaide Local Health Network*  
9.15 - 9.20am: Questions  
9.20 - 9.50am: 'Non-motor symptoms and their management in PD - neuropsychiatric symptoms and mood'  
*A/Prof Krishna Vaddadi, Psychiatrist – Monash Health, Director of Psychiatry – South Eastern Private Hospital*  
9.50 - 9.55am: Questions  
9.55 - 10.15am: Morning Coffee Break

#### LATE MORNING SESSIONS:

- 10.15 - 10.45am: 'Tips on having the best possible journey'  
*Dr Frank Niklason, Geriatrician, Royal Hobart Hospital*  
10.45 - 10.50am: Questions  
10.50 - 11.20am: 'Parkinson's Disease – things no one talks about!'  
*Victor McConvey, Director of Health Services – Fight Parkinson's*

- 11.20 - 11.25am: Questions  
11.25 - 11.55am: 'Living Well with Parkinson's. Practical Strategies from a Parkinson's Nurse'  
*Sheree Ambrosini, Clinical Lead, Parkinson's Nurse Specialist, Parkinson's WA*  
11.55 - 12.00pm: Questions  
12.00 - 12.30pm: 'What is best practice multidisciplinary care for Parkinson's?'  
*Prof Michele Callisaya, Physiotherapist, University of Tasmania & Monash University*  
12.30 - 12.35pm: Questions  
12.35 - 13.20pm: Lunch

#### EARLY AFTERNOON SESSIONS:

- 13.20 - 13.50pm: Interactive patient session  
13.50 - 14.00pm: Questions  
14.00 - 14.30pm: 'Yoga for PD: Slow flow, props and blocks'  
*Kirsten Blacker, Yoga Teacher*  
14.30 - 14.35pm: Questions  
14.35 - 15.00pm: Afternoon Coffee Break  
15.00 - 15.30pm: 'Swallowing Safely: The Science and Support Behind Dysphagia Solutions'  
*Taylor Leeson and Sarah Carswell – Speech Therapy and Dietetics*  
15.30 - 15.35pm: Questions  
15.35 - 16.05pm: 'The role of dance in Parkinson's, with live session'  
*Paris Wages & Gabi Stanger, Choreographer, Instructor and dancer, Dance for PD Certified Instructor*  
16.05 - 16.10pm: Questions  
16.10 - 16.15pm: Closing remarks and close

#### TICKETS

\$100 Health Professionals – \$25 Students – \$20 for those with Parkinson's Disease and Carer(s)

Morning tea, lunch and afternoon tea provided

TO BOOK - Scan the QR code below or visit <https://www.trybooking.com/DDGGV>

#### QUESTIONS?

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