

safeTALK

FOUR HOUR WORKSHOP – SWAN HILL

Overview

This training is open to community members and health professionals aged 16 years and older, with a maximum of 25 participants. Whether directly or indirectly, most people with thoughts of suicide invite help to stay safe. safeTALK training prepares participants to recognise these invitations and connect a person with thoughts of suicide to intervention resources. Powerful videos illustrate the importance of suicide alertness, while discussion and practice stimulate learning.

Learning outcomes

safeTALK participants will be better able to:

- Move beyond common tendencies to miss, dismiss or avoid suicide
- Recognize people who have thoughts of suicide
- Apply the TALK steps (Tell, Ask, Listen, and KeepSafe) to connect a person with thoughts of suicide to a suicide first-aid intervention caregiver.

The role of safeTALK in a suicide-safer community

safeTALK helps connect people with thoughts of suicide to caregivers who can support them. Often, these caregivers are trained in the two-day ASIST program.

Register for free face-to-face workshop

Four-hour interactive workshop will be held at:

One28Doors
128 Curlewis Street
Swan Hill, VIC 3585

On:

Tuesday 19 May 2026

12.30-4.30pm

Light refreshments provided

[Register by clicking here.](#)

Please note: It is important that all participants arrive on time.

This event is supported by funding from Murray PHN through the Australian Government's PHN Program.