

ROBINVALE – FREE MENTAL HEALTH SERVICES



An Australian Government Initiative

Information for general practice

Non-urgent referrals (funded by Murray PHN)

GPs can refer directly to the Murray PHN funded providers listed below or to **Medicare Mental Health Phone Service (1800 595 212)** for assessment and onwards referral. All services are free of charge.

Population group	Service
Children (4-12 years)	Mallee Family Care 03 5021 7400
Young people (12-25 years) <i>Low to High intensity services (*IAR LoC 2-4)</i>	headspace Mildura 03 5021 2400 my.headspace@headspacemildura.com.au
Creative Therapies (all ages)	Mallee Family Care 03 5023 5966 creativetherapies@malleefamilycare.com.au
First Nations Peoples	Murray Valley Aboriginal Co-Operative (MVAC) 03 5026 3353 medicalreception1@mvac.org.au
Psychosocial Services (16+) <i>Moderate to High intensity non-clinical services for people who need psychosocial support (IAR LoC 3-4)</i>	Wellways 1300 111 400 prsmurray@wellways.org.au

Non-urgent referrals (State funded services)

Mental Health and Wellbeing Local Mildura – 1300 000 667. Ages 26 and above. (IAR LoC 2-4). Wellways Australia (lead provider) in partnership with Mallee District Aboriginal Service (MDAS), Sunraysia Community Health Services and Mildura Base Public Hospital.

Urgent referrals (State funded services)

Call **000** if there is an immediate risk to life or safety including imminent risk of harm to self or others.

Refer to **Mildura Base Public Hospital Mental Health Triage Line - 1300 366 375** (acute and specialist services IAR LoC 5) for people of all ages experiencing or at risk of serious mental health problems where urgent assessment is needed but there is no immediate danger.

Resources

*IAR LoC: Initial Assessment and Referral Level of Care is a nationally consistent framework used to guide referral decisions based on the intensity of mental health support a person may need.

For more detailed guidance, the full Decision Support Tool and to access online training visit: <https://tinyurl.com/IARMurray>

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Leadership



Collaboration



Respect



Accountability



Innovation