

# WANGARATTA LGA – FREE MENTAL HEALTH SERVICES



An Australian Government Initiative

## Information for general practice

### Non-urgent referrals (funded by Murray PHN)

GPs can refer directly to the Murray PHN funded providers listed below or to **Medicare Mental Health Phone Service (1800 595 212)** for assessment and onwards referral. All services are free of charge.

Population group	Service
<b>Children (4-12 years)</b>	APMHA Healthcare 1300 514 811 <a href="mailto:Referrals@apmha.com.au">Referrals@apmha.com.au</a>  Gateway Health 1800 657 573 <a href="mailto:intake.counselling@gatewayhealth.org.au">intake.counselling@gatewayhealth.org.au</a>
<b>Young people (12-25 years)</b> <i>Low to High intensity services (*IAR LoC 2-4)</i>	headspace Wangaratta 1300 332 022 <a href="mailto:headspaceAW@gatewayhealth.org.au">headspaceAW@gatewayhealth.org.au</a>
<b>Ages 13 and above</b> <i>Low to Moderate intensity Primary Mental Health services (IAR LoC 2-3)</i>	APMHA Healthcare 1300 514 811 <a href="mailto:Referrals@apmha.com.au">Referrals@apmha.com.au</a>
<b>Older persons (available to residents of aged care facilities)</b> <i>Low to High intensity services (IAR LoC 2-3; LoC 4-if episodic)</i>	APMHA Healthcare 1300 514 811 <a href="mailto:Referrals@apmha.com.au">Referrals@apmha.com.au</a>
<b>Psychosocial Services (16+)</b> <i>Moderate to High intensity non-clinical services for people who need psychosocial support (IAR LoC 3-4)</i>	Wellways 1300 111 400 <a href="mailto:prsmurray@wellways.org.au">prsmurray@wellways.org.au</a>

### Non-urgent referrals (State funded services)

**Mental Health and Wellbeing Local Benalla Wangaratta Mansfield – 1800 000 842** (IAR LoC 2-4). Ages 26 and above. Wellways Australia (lead provider) in partnership with Albury Wodonga Health and Australian Community Support Organisation.

### Urgent referrals (State funded services)

Call **000** if there is an **immediate risk to life or safety** including imminent risk of harm to self or others. Refer to **Albury Wodonga Health Mental Health Triage Line 1300 104 211** (acute and specialist mental healthcare, IAR LoC 5) for people of all ages experiencing or at risk of serious mental health problems where urgent assessment is needed but there is no immediate danger.

### Resources

\*IAR LoC: Initial Assessment and Referral Level of Care is a nationally consistent framework used to guide referral decisions based on the intensity of mental health support a person may need when first seeking/ needing mental health support. For more detailed guidance, the full Decision Support Tool and to access online training visit: <https://tinyurl.com/IARMurray>

DISCLAIMER: Document is uncontrolled when printed. Information is correct on 24 June 2026.

