

CAMPASPE LGA - FREE MENTAL HEALTH SERVICES



An Australian Government Initiative

Information for general practice

Non-urgent referrals (funded by Murray PHN)

GPs can refer directly to the Murray PHN funded providers listed below or to **Medicare Mental Health Phone Service (1800 595 212)** for assessment and onwards referral. All services are free of charge.

Population group	Service
Children (4-12 years)	Echuca Regional Health 03 5485 5800
Young people (12-25 years) <i>Low to High intensity services (*IAR LoC 2-4)</i>	headspace Echuca 03 5485 5048 headspace@erh.org.au
Ages 13 and above <i>Low to Moderate intensity services (IAR LoC 2-3)</i>	Echuca Regional Health 03 5485 5800
First Nations Peoples	Njernda Aboriginal Corporation 03 5481 0630
Older persons (available to residents of aged care facilities) <i>Low to High Intensity services (IAR LoC 2-3, LoC 4 if episodic)</i>	Echuca Regional Health 03 5485 5800
Psychosocial Services (16+) <i>Moderate to High intensity non-clinical services for people who need psychosocial support (IAR LoC 3-4)</i>	Stride 1300 001 907 prs@stride.com.au

Non-urgent referrals (State funded services)

Mental Health and Wellbeing Local Bendigo and Echuca – 03 5412 660. (IAR LoC 2-4). Ages 26 and above. Mind Australia (Lead), BDAC, Bendigo Health, The Thorne Harbour Health, Salvation Army and Echuca Regional Health.

Loddon Children’s Mental Health and Wellbeing Local Bendigo – 1800 433 977. Ages up to 11. Bendigo Community Health Services (Lead), Bendigo Health, BDAC, Njernda Aboriginal Corporation, Echuca Regional Health, Dhelkaya Health, Omnia Community Health and Maryborough District Hospital Service.

Urgent referrals (State funded services)

Call **000** if there is an immediate risk to life or safety including imminent risk of harm to self or others.

Refer to **Bendigo Health Mental Health Triage Line 1300 363 788** (acute and specialist services IAR LoC 5) for people of all ages experiencing or at risk of serious mental health problems where urgent assessment is needed but there is no immediate danger.

Resources

*IAR LoC: Initial Assessment and Referral Level of Care is a nationally consistent framework used to guide referral decisions based on the intensity of mental health support a person may need when first seeking/needing help. For more detailed guidance, the full Decision Support Tool and to access online training visit: <https://tinyurl.com/IARMurray>

DISCLAIMER: Document is uncontrolled when printed. Information is correct on 24 June 2026.

