

SWAN HILL LGA – FREE MENTAL HEALTH SERVICES

Information for general practice

Non-urgent referrals (funded by Murray PHN)

GPs can refer directly to the Murray PHN funded providers listed below or to **Medicare Mental Health Phone Service (1800 595 212)** for assessment and onwards referral. All services are free of charge.

Population group	Service
Children (4-12 years)	Liz McDonald Counselling 0438 835 273 reception.lizmcdonald@gmail.com
Young people (12-25 years) <i>Low to High intensity services (*IAR LoC 2-4)</i>	headspace Swan Hill 03 4010 7100 headspace@shdh.org.au
Age 13 and above <i>Low to High intensity services (IAR LoC 2-4)</i>	Swan Hill District Health 03 5033 9880 creception2@shdh.org.au
First Nations Peoples	Bendigo and District Aboriginal Co-Operative 03 54 424947 medical@bdac.com.au
Older persons (available to residents of aged care facilities) <i>Low to High intensity services (IAR LoC 2-3; LoC 4-if episodic)</i>	Swan Hill District Health 03 5033 9880 creception2@shdh.org.au
Psychosocial Services (16+) <i>Moderate to High intensity non-clinical services for people who need psychosocial support (IAR LoC 3-4)</i>	Wellways 1300 111 400 prsmurray@wellways.org.au

Urgent referrals (State funded services)

Call **000** if there is an immediate risk to life or safety including imminent risk of harm to self or others.

Refer to:

Bendigo Health Mental Health Triage Line 1300 363 788 (acute and specialist services IAR LoC 5)

or

Mildura Base Public Hospital Mental Health Triage 1300 366 375 (acute and specialist services IAR LoC 5) for people of all ages experiencing or at risk of serious mental health problems where urgent assessment is needed but there is no immediate danger.

Resources

*IAR LoC: Initial Assessment and Referral Level of Care is a nationally consistent framework used to guide referral decisions based on the intensity of mental health support a person may need when first seeking/needing help.

For more detailed guidance, the full Decision Support Tool and to access online training visit: <https://tinyurl.com/IARMurray>

DISCLAIMER: Document is uncontrolled when printed. Information is correct on 24 June 2026.



Leadership



Collaboration



Respect



Accountability



Innovation